



PAD-M20157

Seat No. _____

First Year M. Sc. (Nursing) Examination

August – 2018

Mental Health Nursing

Time : 3 Hours]

[Total Marks : 75

Instructions :

- (1) All questions are compulsory.
- (2) Figures to right indicate full marks.
- (3) Write answers to the point.

I Essay :

2×20=40

- (1) (a) Explain the normal reaction to conception, pregnancy and puerperium.
(b) Problems related to conception, pregnancy and puerperium.
(c) Marital counselling - write in detail.
- (2) (a) Define stress.
(b) Explain the stress as a Biological response and environmental event.
(c) Discuss about behavioral therapy.

II Short answers :

7×5=35

- (1) Role of nurse in promoting self-esteem
- (2) National mental health programme
- (3) Assertive behavior
- (4) Role of genetics in mental illness
- (5) Major tranquilizers
- (6) Critical pathway of care
- (7) Psychoanalytic theory.